

Coaching Agreement

This agreement is between Michael Herd (Coach) and _____ (Client).

Coaching Services

Each coaching session is 50 minutes in length and is typically held via Zoom or in person. Sessions may take place over the phone in the event of technical challenges. We will establish a Zoom link at the beginning of our coaching relationship that will be used for all sessions. As the client, you will be expected to login at the predetermined time or make other arrangements at least 48 hours prior to our scheduled appointment. We can be reached at 801-979-0050 (voice or text). In the event you haven't "logged in" to the Zoom call within 10 minutes of our scheduled time and prior arrangements have not been made, it is assumed that you are unavailable and will be charged for that session.

We will provide limited email access and quick "check-in" calls between regularly scheduled coaching sessions.

Nature of Relationship

You enter coaching with the understanding that you are responsible for creating your own decisions and results. Michael is a Professional Coach and as requested may give specific advice or suggestions, however it is ultimately your responsibility to make your own decisions to determine the best course of action. Your progress will be directly related to the effort you put into the process. Coaching is an investment of time, energy, effort, and financial resources. You are responsible for being available, staying engaged and sharing pertinent information.

The Coaching relationship is in no way to be construed as psychological counseling or any type of psychotherapy. If you feel the need for professional counseling or therapy, it is your responsibility to seek a licensed professional.

Confidentiality

Our coaching relationship is completely confidential. We recognize that you may disclose future plans, business affairs and personal and financial information. We will not at any time, share this information with a third party and will not at any time, either directly or indirectly, use any such information for our own benefit. We will not divulge that the Coach and Client are in a coaching relationship without your express consent. You are, of course, free to discuss the coaching relationship with anyone at any time.

This confidentiality statement is intended to be as confidential as the applicable state or federal laws - and the Employer's own company policy (if applicable) - allows. The coaching relationship is not privileged and, as such, the Coach's records regarding work with a Client can be subpoenaed.

Indemnification

The Client shall indemnify and hold the Coach harmless from any loss or liability arising from actions taken or situations created as a result of the coaching relationship.

Fees

Fees and initial duration will be established and agreed to prior to our first billable session. Our initial session of discovery is complementary. Our preferred method of payment is by credit card authorization and will be billed at the conclusion of our first "billable" session for that session and the future sessions per the definition of the "package", i.e., if you purchase a 1 month package of 4 sessions, all sessions will be billed at the conclusion of the first "billable" session.

Please download and complete the Credit Card Authorization Form and return by text or email @ 801-979-0050 or michael@legacycoachingandconsulting.com.

Coach and Client have read and agreed to the above:

Client (Please Print) _____

Client Phone _____

Client email address _____

Signature: _____ Date: _____

Michael Herd – Coach
801-979-0050
michael@legacycoachingandconsulting.com

Signature: _____ Date: _____

Please Sign and Date this agreement and return to Legacy Coaching and Consulting via text or email @ 801-979-0050 or michael@legacycoachingandconsulting.com. A signed copy will be returned to you.